

# Reasons For Use Package

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**A user-friendly resource that facilitates therapeutic conversations about dual diagnosis issues that aims to assist treatment planning.**

## What is It?

The Reasons for Use Package (RFUP) has multiple resources to assist staff and consumers explore dual diagnosis issues and develop recovery processes. It uses a compilation of existing tools, interventions and information



## Evidence Base

So far we have run several pilots and a national trial, the results of which have been overwhelmingly positive for the usefulness and ease of application of the package.

"Simple, meaningful and related to work practice"

Pilot 1 Participant

## Benefits

The package has several benefits, including but not limited to:

- Recovery based. Staff and consumer friendly
- Increases confidence and knowledge around dual diagnosis interventions in a straight forward manner
- Highly cost effective to train and use the resource
- Can be used by a wide variety of services and professionals

## Quotes from workers who have used the RFU Package:

- "The RFUP increased insight for me, the consumer and for our workplace"
- "Good for building dual diagnosis into core practice"
- "...very personal approach to their (the consumer's) situation"